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TRAFFIR PROJECT

TRauma Awareness For First Responders (TRAFFIR) - addressing identified skills gaps in critical incident stress and trauma intervention



OVERVIEW

Context & Background:

Any form of crisis (trauma) incident stress management requires a suite of intervention tools in order to minimise the risk of PTSD (Post Traumatic Stress Disorder) amongst first responders. Whilst the researches about that are 20 years old, there is still no whole systems' provision for educators in this field.

By the end of the project we will have created:

- Comparative Anaysis
- Training Protocols, Materials and Guidelines
- Train The Trainers Programme Toolkit

Aims:

To develop a whole systems approach to improve key competences in dealing with emergency first response situations in order to mitigate the impact of repeated or singular exposure to a critical stress incident.



Objectives

TRAFFIR will address gaps in trauma interventions with a robustly evaluated development of a training programme flexible enough to be delivered in 5 different countries with learning outcomes and mapped to the descriptors of level 3 European Qualifications Framework (EQF) for other organisations in other countries to adapt for local use.

Activities

Two attendees from each partner will participate in 6 transnational meetings with a purpose to plan, implement pilot delivery, evaluate and review a fit for purpose the TRAFFIR toolkit.

Each partner will host a learning/transnational meeting and also send 4 staff to a short term staff training event to pilot the toolkit then cascade to others upon their return to their own organization.

Results & Impact

Partners have identified six key workshops, that



combined, will create a systems approach to address current skills gaps. We will work with stakeholders to populate the modules with appropriate content and learning outcomes. We will develop an on-line training programme to address skills gaps which will be freely available to the sector in partner languages. TRAFFIR will be presented at local multiplier event conferences and available on the project website.

Participants:

- Devon Mind (UK): Mental Health Charity's Plymouth Recovery College and Training Division;
- Kilcooley Women's Centre (UK): working with 14 communities in Bangor region of Northern Ireland;
- Fundacja Instytut Re-Integracji Społecznej (PL): provides first aid courses schools and works with the Police Department in Lodz, Poland;
- BUCOVINA (RO): experienced psychotherapists but no first responder training as none exists in Romania;
- DOMSpain (ES): training and consulting organisation that works closely with the Police and Fire Departments in Reus;
- NIKANOR ltd (BG): Educational Centre works with volunteers training them how to act in critical situations.



**KEEP
CALM
I'M A
FIRST
RESPONDER**